

SLBALBRD

Standing Desk Anti Fatigue Mat

Wooden Wobble Balance Board
with Ergonomic Design Comfort Floor Mat

serenelife™

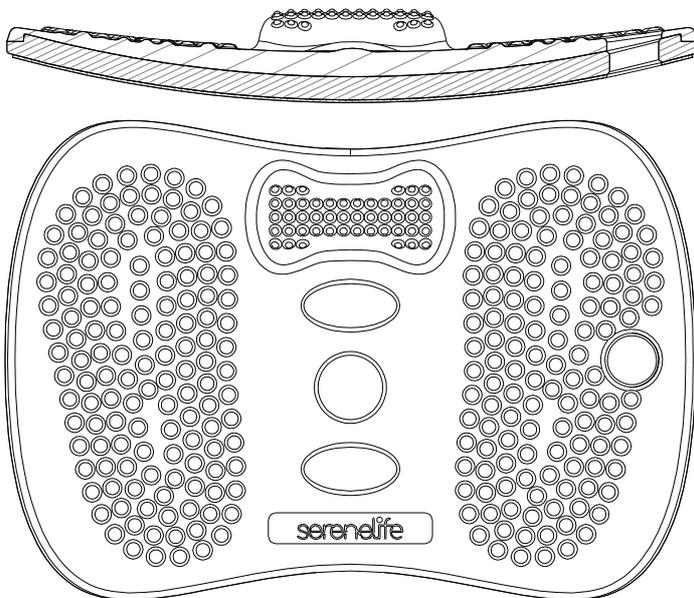
USER GUIDE

Product Description

Improve your core strength and stability while reducing fatigue in your feet, knees, hips and lower back while using the **Standing Desk Anti Fatigue Mat** by **SereneLife!** Fits perfectly under your desk at home or at work to let you tilt, lean, and remain steady. Comes with textured pressure point massage design that is perfect for massaging tired feet. Just take shoes off, stand on **Standing Desk Anti Fatigue Mat** and feel the fatigue melt away. Compact and portable design- **Standing Desk Anti Fatigue Mat** makes a great standing desk accessory.

Benefits:

- **Relieve Foot Aches and Pains:** The smooth, textured standing surface can be used to massage your feet and toes, relieving aches, pains, and tension.
- Improve Stability and relieve fatigue in your feet, knees, hips and lower back.
- Engaging Core Exercise relieves stress from your back and strengthens your core muscles.



Important Notice

1. **DO NOT** use on wet and uneven ground.
2. **DO NOT** drop
3. No direct contact with sharp objects
4. No contact with corrosive solvents
5. Keep away from high temperature
6. Don't wear high heels while practicing your balance on this board.
7. Make sure your child always uses the **Standing Desk Anti Fatigue Mat** under adult supervision.
8. Prohibition of Abnormal Use and Violent Disposal
9. Only suitable for standing. Do not use it in other parts of the body.



Features:

- Perfect match for Standing Desks
- Ergonomically Engineered Design
- Relax Muscles and Relieve Stress
- Suitable for Some Workout or Doing a Plank on the Balance Board
- Anti-fatigue Foot Massage Points
- Premium Natural Hardwood
- High-density PU foam
- Comfortable Non-Slip Elastic Surface
- 8.5° Tilting Angle
- Portable, No-Assembly Design
- Relieve Foot Aches and Pains
- Promotes Micro circulation
- Engaging Core Exercise and Textured Surface



What's in the Box:

- Balance Board

Technical Specs:

- Construction Materials:
PU Foam + Plywood + PVC Anti-Slip Bottom
- Weight Capacity: **330 lbs.**
- Product Dimensions (L x W x H):
20" x 13.8" x 2.7" -inches

Questions? Issues?

We are here to help!
Phone: (1) 718-535-1800
Email: support@pyleusa.com