

SLDBHOLD Weight Plate Rack

with Barbell Holders, 800-Pound Capacity

serenelife™
USER GUIDE

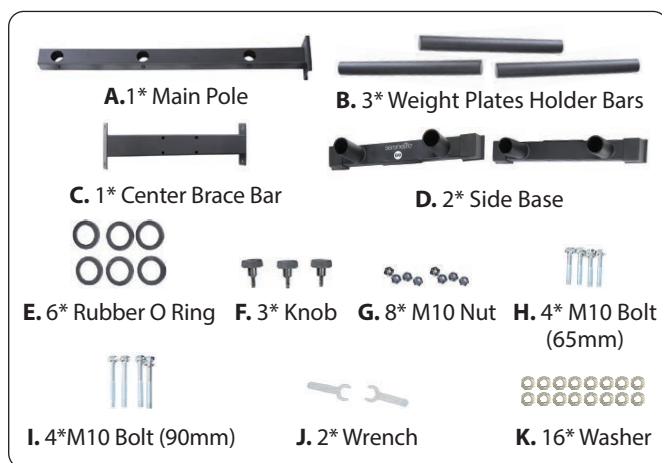
Features:

- Easy to assemble
- 2-In-1 Rack Holder
- Heavy Duty Gym Organizer
- Durable Steel Construction
- Compact and Space-Saving Design
- Made of Durable Steel for Higher Weight Capacity
- Frames with Powder-Coat Finish
- Resist Scratches, Stains
- Measured and Designed for Most Practical Storage Space
- Come with 4 Barbell Holders for Better Stability and Practical Usage



What's in the Box:

- (1) Main Pole
- (3) Weight Plates Holder Bars
- (1) Center Brace Bar
- (2) Side Base
- (6) Rubber O Ring
- (3) Knob
- (8) M10 Nut
- (4) M10 Bolt (2.6" -inches)
- (4) M10 Bolt (3.5" -inches)
- (2) Wrench
- (16) Washer

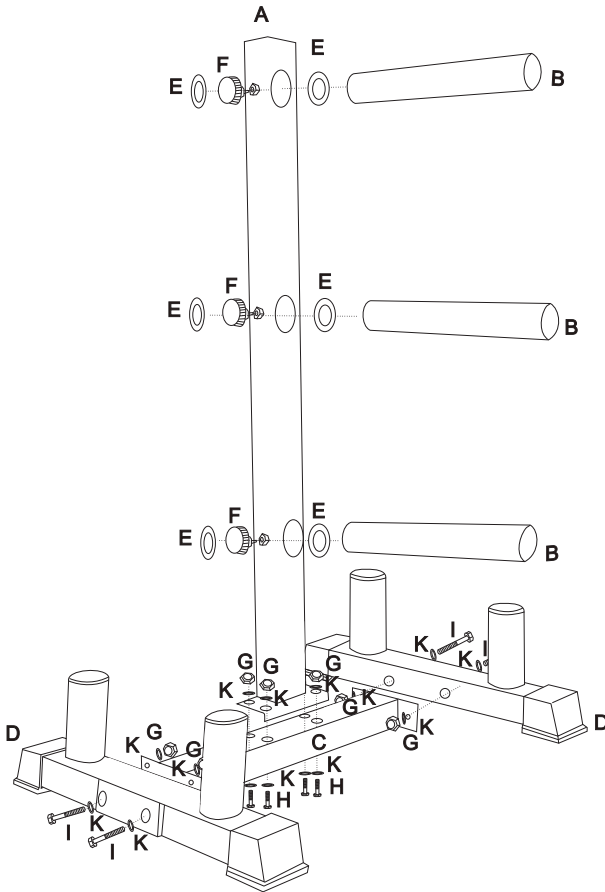


Technical Specs:

- Construction Materials: Steel
- Load Capacity: 800 lbs.
- Weight: 28.2 lbs.
- Product Dimensions (L X W X H): 25.6" x 23.2" x 43.7" -inches

Assembly Instructions

1. Connect the main pole (A) with center brace bar (C) and firmly tighten and secure by provided M10* 65mm bolts. (**Note:** Install the bolt from bottom of the center brace bar)
2. Connect the center brace bar (C) with 2 side bases (D), firmly tighten and secure by provided M10*90 mm bolts.
3. Install and center 3 weight plates holder bars (B) in to main pole (A), secure the bars by knob (F). Place the rubber O rings (E) into weight plates bars.



California Prop 65 Warning

WARNING:

This product contains Lead And Cadmium which is known to the state of California to cause cancer birth defects and other reproductive harm. Do not ingest.

For more info go to: www.P65warnings.ca.gov

Questions? Comments?

We are here to help!

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