



SQVB-1
THE AENEAS

Wireless Vibrating Massage Ball

Deep Tissue Trigger Point Therapy
Suitable for Massaging Muscles

USER GUIDE

The **SQVB-1 Wireless Vibrating Massage Ball**

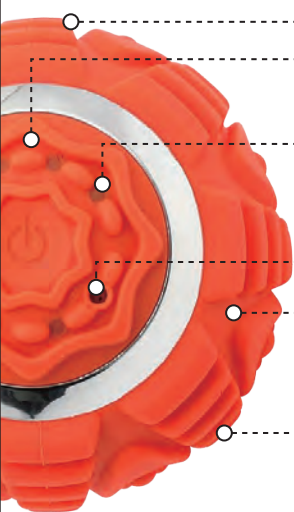
is a cutting-edge vibrating massage ball that uses pressure and vibration to relieve tension and improve circulation in the body.



**DOWNLOAD THE SQUATZ APP TO FOLLOW
YOUR CUSTOM SQUATZ WORKOUT!**

**ALL SQUATZ PRODUCTS COME WITH AN
ADVANCED WORKOUT PROGRAM!**

SPECIFICATIONS



1. Compact Size: 3.74" (9.5cm)
2. Digital Circuitry Controls with 4 Speed Settings
3. USB Rechargeable Lithium Ion Battery w/Power Indicator Lights (2+Hr of Use Per Charge)
4. Charging port
5. High-Intensity Vibrating Core Transfers Maximum Vibration to the body
6. Textured Rubber Exterior Targets Vibration For More Localized Therapy

USAGES

Keeping the body's soft tissue (muscles, tendons, ligaments, fascia) loose is essential for maintaining flexibility and range of motion. While myofascial therapy balls can help the body stay loose, adding vibration with the intensity and frequency of the massage ball takes the whole experience to another level.

The massage ball is an essential tool for localized soft tissue therapy or anybody who wants to move better.

What's in the Box:

- Massage Ball
- USB Cable
- PE Bag



Features:

- Smart and Portable Design
- Cordless Convenience
- Lightweight and Easy to Use
- Soft Rubber Material and Anti-Corrosion
- Has USB Outlet with 4 Vibration Intensity Levels
- Automatic Mode to Choose
- 1 Button to Operate
- 360 Degree Massager Roller
- 2 to 5 Hours Power Life
- High and Firm Nodules
- Portable and Rechargeable, Helps Reduce Pain and Soreness
- Penetrate Deep into Muscles for an Effective Tension Massage

California Prop 65 Warning



WARNING:

This product contains Lead which is known to the state of California to cause cancer birth defects and other reproductive harm. Do not ingest.

For more info go to: www.P65warnings.ca.gov

OPERATING INSTRUCTIONS

READ ALL INSTRUCTIONS BEFORE USING THE MASSAGE BALL

CHARGING

Fully charge for two hours before first use.

To charge, connect the USB cable from the charging port to any standard USB charger (not included).

LED lights illuminate to show battery level and indicate active charging. LED lights will remain illuminated when fully charged while adapter is plugged in. Unit may be recharged at any time and at any battery level. It is not recommended to fully deplete the battery to the red LED level.

Recharge the unit monthly to best prolong battery life.

The average run-time is 2 hours at level three, and longer at lower levels.

OPERATING INSTRUCTIONS

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OPERATION

- To turn ON, press down on the power button for three seconds until LED lights illuminate. Press again once for level one, twice for level two and three times for level three.
- The blue LED lights will indicate the corresponding power level.
- Do not use directly on a hard surface.
- Use only on a carpeted floor or a fitness mat.
- To turn off, press down on the power button for three seconds.
- The unit is fully turned off when all the LED lights are off.
- The unit will turn off after 10 minutes of use.
- To continue use, turn unit on again and set to desired level.

OPERATING INSTRUCTIONS

READ ALL INSTRUCTIONS BEFORE USING THE MASSAGE BALL

1. Power Button
2. Battery level indicator LED (green)
3. Power lamp (red green)
4. Charging Port



Technical Specs:

- Construction Material: Silica Gel + ABS
- Product Diameter: 4.13" inches
- Intensity Speed: 5500 RPM (Motor)
- Battery: 2500mAh
- Weight Capacity: 0.9 lbs.
- Product Dimensions (L x W x H): 4.13" x 4.13" x 3.94" -inches

MAINTENANCE, CLEANING & STORAGE

- Use a towel or soft cloth to wipe any moisture from unit.
- Keep unit away from heat sources, liquids, and children.

IMPORTANT SAFETY INSTRUCTIONS

Please do not use the Massage Ball, or any vibration high-intensity exercise device without first obtaining approval from your doctor if any of the following apply:

Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, or spondylosis, recent joint replacements or IUD's, metal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when using any vibration device.

These contra indications do not mean that you are not able to use a vibration or exercise device but we do advise you to consult a doctor first.



Available on the
App Store



ANDROID APP ON

Google Play

Questions? Comments?

We are here to help!

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Email: support@pyleusa.com

 **SQUATZ**